



Shepherd Care®

To Care for People Where They Live and Work

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COMMUNITY Care TOPIC

Hobby Tips, part 3

Hobbies are outlets and activities that can refresh, entertain, educate, profit, and refresh our lives.

Experiencing Fishing - By Philip & Shelly Richardson

Fishing is a great activity that can build relationships (with people and God), provide solace, exercise, fresh air and most of all fun. It is a very flexible hobby. The amount of time or money spent can range from very little to a large amount. You can fish alone, with a partner or with a group and still have fun. Fishing can also be a competitive sport, hobby, or just to provide a meal.

To begin you just need to find a hole of water and a small amount of fishing tackle. Fishing tackle varies extremely and depends mostly on what you are fishing for and where you are fishing at. If you are taking a child fishing, you can actually get the job done by tying fishing line onto a sturdy stick. You can tie on a small hook and use worms (night crawlers) for bait. The key to fishing with kids is to focus on the fun, use simple tackle, and catch a lot of little fish. Young kids like to catch a lot of fish more than they like catching, "the big one."

After deciding on where you will fish and what you want to fish for you should gather your tackle. Basic tackle includes a rod and reel equipped with line and bait. Live bait and artificial bait

are the two main categories of bait. Examples of live bait are night crawlers, mill worms, wax worms, maggots, leaches, and can even be chicken liver. Examples of artificial bait are spinners, flies, crank baits, rubber worms, jerk baits, and jigs. Again, the amount and type of bait you use depends on what kind of fish you are trying to catch.

Be careful not to make getting ready to go fishing into some big task or that will suck all the fun right out of it. Just make sure to have something to put your bait on and some bait. You may want to carry a pair of needle nose pliers to remove the hook from the fish's mouth and don't forget a stringer in case you want to keep what you catch. You also should check local regulations to see if you need a fishing license. Most importantly, don't forget to relax and have fun.

Each of us has unique interests, but hobbies can benefit each of us by providing stress relief and even enjoyment to others. How about practicing a hobby today?!

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"Today is life-the only life you are sure of. Make the most of today. Get interested in something. Shake yourself awake. Develop a hobby. Let the winds of enthusiasm sweep through you. Live today with gusto."

Dale Carnegie

"Whatsoever thy hand findeth to do, do it with thy might; for there is no work, nor device, nor knowledge, nor wisdom, in the grave, whither thou goest."

Ecclesiastes 9:10

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